



Community Mental Wellness Association of Canada

加拿大社區情緒健康協會

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CHALLENGE 12 HOURS 挑戰十二小時

Leisure Walk for Seniors

Co-organized by Community Mental Wellness Association of Canada & Vancouver Sowers Society of Education

Date: July 29, 2017 (Saturday)

Boarding Time: 8:30am, Capstan Way Parking Lot

Return Time: 7:00pm, Capstan Way Parking Lot

Location: Fort Langley

Bus Tour:

- Fort Langley (A historic place for the fur trade in the 19th Century)
- U-Pick fresh goji berry
- Visit to a bee farm

Registration Fee:

\$60 (lunch not included)

Deadline for registration: July 17, 2017 (Monday)

Registration: (CMWAC) 604-273-1791; (Vivian)

778-388-7851 phone & text

長者一日輕鬆游

加拿大情緒健康協會及溫哥華苗圃行動教育協會合辦

日期: 2017年7月29日(星期六)

上車時間: 8:30am, Capstan Way 停車場

回程時間: 7:00pm, Capstan Way 停車場

地點: Fort Langley

巴士團行程:

- Fort Langley (19世紀皮草買賣地點)
- 自由採摘杞子
- 參觀蜜蜂場

費用: \$60(不包午餐)

截至報名日期: 七月17日(星期一)

報名: (CMWAC) 電話: 604-273-1791; (Vivian) 手

機 & 電傳 778-388-7851

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