



Community Mental Wellness Association of Canada

加拿大社區情緒健康協會

#250-5726 Minoru Blvd., Richmond, BC, V6X 2A9

Tel: (604) 273-1791

Fax: (604) 273-1751

E-mail: info@cmwac.ca

www.cmwac.ca

 CMWACanada

 @CMWAC



卡拉 OK

Karaoke introduction

如果你想通過和別人一起唱歌來獲得樂趣，那麼來卡拉 OK 吧！每個星期我們有兩個小組各舉行一次卡拉 OK。卡拉 OK 是一種休閒娛樂的方式，參加的人選擇他們想唱的歌，然後在麥克風上面跟著節奏唱。卡拉 OK 是一種很好的娛樂方式，快來 **CMWAC** 參加吧！

If you are looking for casually singing and having fun through singing, then we have the right thing for you. We offer two karaoke groups that meets every week to sing together and have fun. Karaoke is a form of entertainment in which people take turns singing their desired songs over prerecorded tracks. This is a great way to spend time with friends and make new friends. Come have fun!

時間 Schedule:

- **A 組 (Group A):** 每周三 (Wednesdays) 1:00pm – 5:00pm
- **B 組 (Group B):** 每周二 (Tuesdays) 1:00pm – 4:00pm

地點 **Location:** #250-5726 Minoru Blvd, Richmond

電話 **Telephone:** 604-273-1791