



Community Mental Wellness Association of Canada

加拿大社區情緒健康協會


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SENIORS GARDEN CLUB

We are forming a Seniors Garden Club. We have worked a partnership with a farm in Richmond to plant, work and harvest vegetables in spring, summer and fall. It will be a commitment as a member of this garden group to both have hands-on working in the garden, and harvest, as well as participation in a publication that will be for sale to raise funds for CMWAC.

長者園藝小組

我們即將成立一個長者園藝小組，與一個位於列治文的農場合作，我們的學員可以在春天、夏天及秋天的季節中往該處播種、耕作及收成，園藝小組的成員將分擔當中不同的園藝工作，更可參與一些有關園藝的出版事務，同時亦可為加拿大情緒健康協會籌款。

Will you join us? 你願意參加園藝小組嗎？

Call 604-273-1791, and leave Name 姓名, Phone 電話. Or Email: 電郵 info@cmwac.ca